

# AMAVASI THARPANAM

*Aachapanam. (should be performed by taking in drops of water kept on the right palm, facing either East or West and reciting*

*Achuthaya namah*

*Ananthaya namah*

*Govinthaya namah.*

*Keshava – Narayana, (using Right Thumb Finger, touch  
right and left sides of face)*

*Madhava- Govindha, (using right Right Ring Finger, touch right and left  
eyes)*

*Vishno- Madhusoodhana, (using right Index Finger,  
touch right and left side of Nose)*

*Thrivikrama- Vamana, (using Right little finger, touch  
right and left ears)*

*Sridhara-Rishikesa, (Using Right Middle Finger, touch top  
Side of right and left arms (shoulders)*

*Padmanaba- Damodara (Using all of right fingers  
together and touch the navel pit (Naabhi)  
& Forehead)*

*Wear Pavithram on the right ring Finger, with two pieces of Dharbhas and place  
two pieces just in front of you, near folded legs for Aasanam.*

**1. Ganapathy Dhyanam.**

*Shuklambharadharam vishnum, shashivarnam chadhurbhujam,  
prassanna vadanam dhyayethu, Sarva vignopashandhaye.*

**1. Pranayamam**

*Om Bhoohoo,  
Om Bhuvaha,  
Ogum Suvaha,  
Om Mahaha,  
Om Janaha,  
Om Thapaha,  
Ogum Sathyam, Om Thathsavithur varenyam,  
Bhargo Devasya dheemahi, dheeyo-yona prachothayathe, Omapaha,  
jyotheerasha Amrutham brahma bhoorbuvassuvarom (pray within  
heart).*

**2. Sankalpam**

*Mamopatha samastha, durithakshayadwara, sree parameswara  
preethyartham, thadeva lagnam, sudinam thadeva, thara balam,  
Chandra balam thadeva, vidhya balam, daiva balam thadeva, sree  
lakshmi patheh: angriyugam smaramy. Apavithraha pavithrova sarva  
vastham gathopiva yasmarethu pundareekaksham sabahya,  
aabyadhara srudhihi manasam, vachikam papam, karmanaa  
samuparjitham Srirama smarananiva, vyapohathi,  
na samshayaha, srirama, rama rama, thidhir Vishnu, thadhavaraha,  
nakshathram, vishnureva cha, yogashcha karanam chaiva, sarvam  
Vishnu mayam jagathu, Sri Govinda, Govinda Govinda, aadhya  
sreebagavadaha, mahapurushasya Vishnu ranjaya pravarta  
manasya, adhya brahmanaha, dwitheeya- parathe, shwethavaraha  
kalpe, vaivaswatha manvandhare, ashtavimshadi thame, kaliyuge,  
pradhame padhe, jamboodweepe, Bharathavarsha, Bharathakhande,  
meroho, dhakshine parshwe, shakabdhe, asmin varthamane,*

vyavaharike, prabavadeenam shashtyaha samvasaranam Madhye,  
NANDANA Namasamvasare .....ayane....  
Rruthow..... masse..... pakshe adhya.... punnyathithou....  
vasarah, -----ayukthayam.....  
Nakshathrayukthayam, sree vishnuyoga vishnukarana Evamguna  
visheshana vishishtayaqm asyam varthamanayam punnyadeethou  
(prajeenaveedi- poonal on left side).  
..... gothram. (1).....(2).....(3)..... sharmanam vassu-  
rudra-aadithya swaroopanam asmathe pithru-pithamaha-  
prapithamahanam .....(If Mother not living) gothraha....  
(5).... (6)... (7).....namneenam vassu-rudra- adhithya swaroopaha  
asmathu mathru-pithamahi-prapithamaheenam

( if mother is there).

`pithamahi- pithu pithamahi-pithu prapithamaheenam

....gothranam... (8) ...(9)....(10).... Sharmanam vassu-rudra-aadithya  
swaroopanam asmathu saptaneeka mathamaha-mathu pithamaha-mathu  
prapithamahanam Ubhayavamsha pithrunam akshaya thriptyartham  
ammavasya punnyakalle\* varga dwaya pithroon Udhishya  
Darshasrardham\*\* hiranyaropena adhya karishya. Tha damgam  
thilatharpanam cha karishye.

(if mother's father is alive, then tharpanam for that part is not to be done)

(remove the small pieces of dharba kept along with pavithram from your  
hand and put them on the west side, then change the poonol to right  
side, then take the darba which was placed on the west side, and keep  
them to your east side and wash your hands slightly). \*

For occasions, other than ammavasya eq: mesham, karkadaka, thula,  
makara samkramanam, soorya/Chandra grahana time. Change the  
samkalpa (in the place of Amaavasya Punyakale) as follows:

1. Chaithravishu punnyakale...mesha ravi samkramana srardham.....

2. *Dhakshinayana punnyakale...kadaravi samkramana srardham...*
3. *Thulavishu punnyakale...thularavi samkramana srardham...*
4. *Utharayanna punnyakale...makararavi samkramana srardham...*
5. *Sooryoparagha punnyakale...ubaraga srardham...*
6. *Somoparagha punnyakale... ubaraga srardham...*

*\*\* According to the occasions, “ samkramana srardham or ubaraga srardham (grahanam)” should be recited, keeping the Poonol on the left side.*

### 3. *Aasanam*

*Ammavasya punnyakale\* vargadwaya pithreen udhishya asmin maya kariyamana hirannyaroopa darsha shradhem\*\* mamma vargadwaya pethroonam*

*ida masanam, thilathy sakalaraadhanaih suvarchitham ( offer small darba, in front of the aasanam of the vadhyar & then offer a very small quantity of gingely (ellu) in the reverse direction on his head (i.e. by keeping the right palm upwards and offering the gingely with the help of right thumb and index fingers).*

### 4. *Dhakshina danam*

*Hirannya garba- garbbastham, hemabeejam vibavassoho, ananthapunnya phlalatham athah shanthim prayaschame. Amavasya punnyakale\* vargadwaya pithru preethim kamayamanaha; yatkinjith hiranyam sa thamboolam cha mama vargadwaya pithru swaropaya brahmanaya (@) tubyamaham sambrathathe ohm thatsathu. (offer dakshina with pansu pari. Poonool on right)*

*(instead of Amavasya, samkramana, graharam, etc. should be used according to the occasion)*

*(@) in the absence of the Priest, `hirannya garba garbastham.....  
Hirannyam manasodhishtaya brahmanaya thubyamaham  
samprathathe' should be used and the dakshina should be kept separately  
and handed over to the intended person later.*

*(poonol towards right).*

#### **5. Pradhakshinam- prarthana**

*Do pradakshinam 3 times during the shlogam, reciting 1 &- 2 given  
below. .*

- 1. Devadabya pithurbyacha maha yogibya aeva cha namah  
swadayai swahahai nithyameva namo namah.*
- 2. Yani kani cha paapani janmandhara kruthani cha thaani thaani  
vinashyandhi pradakshina padhe padhe.*

*(poonol left sode) .*

- 3. Mama vargadwaya pithrabyo namah (offer gingely (ellu) on the  
head of vadhyar*

*(poonol to right): Then do namaskaram towards west.*

*(poonol to left, aacharyas prayer).*

*Swaminaha, maya kruthena anena hirannyaroopa dharsha-  
srardhena mama vargadwaya pitharaha sarvaaha nithya tripthaha  
bhooyasurithy bavanthaha anugrunnandhu.*

#### **6. Aashirvadamby Priest**

*(Vadhyar to repeat ) Asya yajamanasya vargadwaya pitharaha sarvaah  
nithya tripthaha booyasurithi Bhavanthu .*

#### **7. Aavahanam**

For Tharpanam - Use a flat vessel with some depth (Vessel of Tharpana vatta or alike).

*Place two pieces of dharbhas each, in the direction of east-west - in a parallel manner inside the vessel. Keep koorcham with its end facing the South . In order to ensure that the Koorcham remains in its place, place the Panchapathra Udharani with its spoon side downwards over the koorcham) . (only after aavahanam by offering gingely using the right thumb & index fingers)*

(1) *Yajurvedam( take some gingelly (ellu).*

*Aayatha pitharaha somya gambeerai: padhibi: pooravai:  
prajamasmabyam dhadhathorayim cha deerkhayuthvam cha  
shadasharadham cha om bhoorbuvasuvarom asmin koorche  
asmathu varga dwaya pithrun aavahayami (offer gingelly - ellu on  
the koorcham).*

(2) *Samavedam: ( take some gingelly - ellu) aethapitharaha  
somyasaha gambeerebihi -padhibi poorvinaibihi – dathasmabyam –  
dravinehabadram – rayeem cha na sarvaveeram- neyachatha  
ushandwasthva havamahe ushandhaha samindhemaheeha  
ushannushatha aavaha pithrun havishe athave asmin koorche  
asmathu varga dwaya pithrun dwayami aavahayami ( offer gingeli -  
ellu on the koorcham).*

(3) *Rig vedam: ( take some gingelly - ellu) ushandwasthwa nithee  
mahi ushandahasamatheemahiha ushannushatha aavaha pithrun:  
havishe athave asmin koorche asmath varga dwaya pithrun  
dwayami aavahayami ( offer gingelly - ellu on the koorcham).*

## 8. Aasanam

*Sakruthaschinnam barheehe oornamruthu swonam pithrubbyasthwa baramruham asmin seedadhu me pitharaha somyaha pithamahaha prapithamaha cha anu gaiha saha mama vargadwaya pithrunam idamasanam (keep two small darbas on the koorcham)- thiladi sakalaraadhanaihi suvarchidam ( offer some gingelly - ellu on the koorcham).*

## 9. pithurtharpanam

*(do tarpanam above koorcham by saying the gothram, and name. say tarpanam for each offering gingelly (ellu) and water handful.( 3 times tarpanamfor each name).*

### *Pithru tharpanam*

*...(1)... gothran...(1)... Sharmanaha vasuroopan asmathu pithrun swadha namas tharpayami ( 3 times).*

### *Pithamaha tharpanam*

*...(1)... gothran...(2)... sharmanaha rudraroopan asmathu pithamahan swadha namas tharpayami.*

### *Prapithamaha tharpanam*

*...(1)... gothran...(3)... sharmanaha aadithyarooopan asmathu prapithamahan swadha namastharpayami.*

### *Mathru tharpanam (Do as below if mother is not alive)*

*....(1).. gothraha...(4)...namneehi rudhraroopaha asmathu mathru swadha namastharpayami.*

**Prapithamahi tharpanam**

...(1)...gothraha...(5)...namneehi aadhithyaroopa asmathu prapithamahi swadha namastharpayami.

*(do as below if u have mother still alive)*

...(1)... gothraha...(6).. namneehe vasuroopaha asmathu pithamahee swadha namastharpayami.

..(1)...gothraha...(7)... namneehe rudraroopaha asmathu pithu pithamahee swadha namastharpayami.

...(1)... gothraha...( ur fathers grandfathers wife name).... Namneehee aadhithyaroopaha asmathu pithu prapithamahi swadha namastharpayami.

**Njyatha njyatha pithur varga tharpanam**

- (1) Njyatha njyatha pithrun swadanamas tharpayami.
- (2) Njyatha njyatha pithrun swadanamas tharpayami.
- (3) Njyatha njyatha pithrun swadanamas tharpayami.

**Prarthana**

Oorjam vahantheeramrutham khrutham payaha keelalam parishrutham swadastha tharpayathu me pithrun tripyatha tripyatha tripyatha.

**10.Mathamaha varga tharpanam\***

*\*if mothers father is alive no need of this tharpanam.*

*(keep two small darbas on the koorcham)- theeladi sakalaradhanaihi suvarchidam (offer some gingelly - ellu on the koorcham).*

**Mathamahatharpanam**



*...(8)...gothran....(9).... Sharmanaha vasuroopan asmathu mathamahan swada namas tharpayami.*

*Mathu pithamaha tharpanam*

*...(8)... gothran...(10)...sharmanaha rudraroopan asmathu mathu pithamahan swada namastharpayami.*

*Mathu prapithamaha tharpanam*

*...(8)...gothran...(11)....sharmanaha aadithyaroopan asmathu mathruprapithamahan swadha namastharpayami.*

*Mathamahee tharpanam*

*...(8)...gothraha...(12)... namneehi vasuroopaha asmathu mathamahi swadha namastharpayami.*

*Mathupithamahi tharpanam*

*...(8)... gothraha...(13)...namneehe rudraroopaha asmathu mathu pithamahee swada namastharpayami.*

*Mathu prapithamahee tharpanam*

*...(8)... gothraha.....(14)....namneehe aadhithyaroopaha asmathu mathuprapithamahee swada namastharpayami.*

*Njyatha njyatha matha maha varga tharpanam*

*1. Njyatha njyatha maata maha swada namastharpayami. (3 times).*

## *Prarthana*

*Oorjam vahadeera mrutham khrutham payaha keelalam parisrutham swadastha tharpayathu me pithrun tripyatha thripya tha thripyatha.*

## *11.Pradakshinam*

*(poonol to right for pradakshinam)*

*Devadabya pithurbyascha mahayogibya aeva cha namah swadayai swahayai nithyameva namo namaha (poonol to left) vargadwaya pithrabyo namah (gingelly - ellu on the koorcham) (poonol to right.)*

*Devadabhya pithrurbyascha mahayogibyah aeva cha, namah swadhayai swahayai nithyameva namo namah yani kani cha paapany janmanthara kruthanicha thani thani vinashyandhi pradakshina padhe padhe.*

*(do namaskaram towards west)*

## *Udhyasanam*

*(poonol to left)*

*1. Yajurvedam : (take some ellu) aayatha pitharaha somya gambhheeraihi padhibhi poorvaihi praja- masmabhyam dadhathorayim cha deerkhayuthvam cha shatha sharatham cha ohm bhoor bhuvassuvarom asmathu koorchathu vargadwaya-pithrun yadhasthanam prathishtapayami, shobanarthe kshemaya*

*punaragamanaycha. (offer gingelly ( ellu) over koorcham in the flat vessel).*

## **2. Samavedam**

*(take some ellu) aetha pitharaha somyasaha gambheeraihi – pathibi poorvaihi -dathamasmabhyam- dravineha badram- rayeem cha na sarvaveeram- niyachatha ushandwastha havamahe ushandaha samithi mahee ushannushatha aavaha pithrun havishe athave ohm boorbuvassuvarom. Asmathu koorchathu vargadwaya - pithrun yadhasthanam prathishtapayami, shobanarthe kshemaya punaragamanayacha. (offer Gingelly( ellu ) above koorcham).*

## **3. Rigvedam:**

*(take some ellu). Ushandasthva havamahe ushandaha samitheemahehi ushannushathaha avaha pithrun havishe athave, ushandasthva neethimahi ushandaha samadeemahehi ushanushadhaha aavaha pithrun havishe athave ohm boorbuvassuvarom. asmath koorchath asmath vargadwaya- pithrun yadhasthanam prathishtapayami, shobanarthe kshemaya punaragamanayacha. ( offer somegingelly ( ellu) on koorcham).*

## **12.Sarvatharpanam**

*Remove the Knot of Koorcham - keep the end of darbhas downwards and holding them in hand (with palm upwards) and do tharpanam, saying, “ yesham na matha, na pitha, na bandhavaha, nana gothran cha sarve triphy mayanthu mayorishtaihi kushodathaihi, thripya, tha thripya tha thripyatha” \*(put the darba outside the vessel by looking towards north).*

*Brahmarpanam ( poonol to right)*

*Kayenavacha... samarpayamee.*

*Mayakrutham asmathu vargadwaya-pithrun udishya darsa  
srardakyam karma brahmarpanam asthu ohm thath sath (pavithra  
visarjanam).(aachapanam)*

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