

1. Kamo karsheet Japam

a.Aachamanam: Shuklam Bharadharam.....Santhaye

b.Om Bhoohu

c.Mamo patha--- Preethyartham

Tadeva lagnam sudhinam tadaiva, thara balam chandra balam
thadaiva , vidhya balam daiva balam tadaiva, Sri Lakshmi pathe
angriyugam smarami

Apavithra pavithro vaa sarvavastham gathopi va , ya smareth
pundari kaksham, sabahya abhyanthara suchihi , manasam
vachikam papam , karmana Samuparjitham, sri Rama smaranenaiva
vyopahathi na samsaya .Sree rama Rama rama Tidhir Vishnu,
Tatha vara, nakshatram Vishnu reva cha Yogascha karanam chaiva
sarvam Vishnumayam Jagath ,

Sri Govinda , Govinda Govinda, Aadhya sri bagavatha, maha
purushasya, Vishnor Agnaya , Pravarthamanasya , Aadhya
brhmanaha , dweethiya parardhe, swetha varaha kalpe,
Vaivaswatha manvanthare, ashta vimsathi thame, kali yuge,
prathame padhe, Jamboo dweepe, Bharatha varshe , Bharatha
kande, Meroh, dakshine parswe. Sakabde, Asmin varthamane ,
vyavaharike, prabhavadheenam sashti samvatsaranam madhye ,
xxxxxx nama samvatsare, Dakshinayane, Varsha rithou, Simha
mase, shukla pakshe, adhya pournamasyam shubha thidou, xxxxx
vasara yukthayam, xxxxx nakshatra yukthayam, shubhayoga,
shubha karana evam guna, viseshana visishtayam, asyam
pournamasyam shubha thidou, Taishyam pournamasyam*
adhyotsarjana akarana prayaschithartham , samvatsara
prayaschitharthamcha, ashtothara sahasra samkhyaya “kamo
karsheeth manyura karsheeth” maha manthra japam karishye.

d.Then chant “Kamo karsheeth manyura karsheeth namo nama”
1008 times. Remove kattappil to north

Then starts from Pranavasya rishibrahma and chant 1008 times
kamokarsheet manurakarsheet when it come to that place and complete

**your japam as in the case of normal sandhyavandanajapam.
Dismantle pavithram and do chamanam.**

Kamokarsheet japam on the Avaniavittom morning session completed

2 BRAHMAYAGNAM

1. Perform Achamanam

2. Face eastern direction and do “Shuklam baradaram....” Followed by pranayamam “om Bhoo...”

3. Mamopatha samastha duritha kshaya dwara sri Parameshwara preethyartham Brahma Yagnam karishye. Brahma yagnena Yakshey and clean the hands with water

**keep your hands as for mamopatha, and chant Vidhyudasi vidhya me papmanam amruthath Sathya mupaime(clean your hand outpadam
And then chant**

Om Bhooohu , tatsa vithurvarenyam

Om Bhuvaha, Bhargo devasya Dheemahi

Ogum suvaha, Dhiyo yona prachodayath

Om Bhooohu Tatsa vithurvarenyam Bhargo devasya dheemahi

Om Bhuvaha Dhiyo yona prachodayath

Ogum Suvaha Tatsa vithurvarenyam Bhargo devasya Dheemahi Dhiyo yona prachothayath

5. Chant Vedic manthras

Om Agnimeele purohitham Yagnasya Dheva mruthvijam, hotharam Rathna Dhathamam

Om Ishe Twa oorjethwa vayavastha upayavastha Devo vassavitha prarpayathu sreshtathamaya karmane

Om Agna Aayahi veethaye grunano havypadathaye, ni hotha sadhsi bharhishi

**Om sanno devirabheeshtaya Aapo bavanthu peethaye sam
yorabhisravanthu naha**

**After this recite if possible vedic manthras that you know like Rudram,
Chamakam etc**

**6. Sprinkle water round the head by reciting
Sathyam Thapa sradhayam juhomi**

7. Recite three times with folded hands

**Om namo brahmane namosthwagnaye nama pruthivyai nama
oshadheebhya namo vache namo vachaspathaye namo vishnave bruhathe
karomi.**

**8.Clean the hands again with water by reciting “vrushtirasi vruschame
papmanamamruthath sathyamupaaga”**

Do achamanam

8. Chant “shuklam baradaram....”

9. Do Pranayamam, “om Bhoo...”

**10. Mamopatha samastha duritha kshaya dwara sri parameshwra
preethyartham deva-rishi-pithru tharpanam karishye.**

11. Touch water and clean your hands

12. Do deva tharpanam through the tip of fingers

1.Bramodaya ye deva than devan tharpayami

2.Sarvan devan tharpayami

3. Sarva deva ganan tharpayami

4.Sarva deva pathnis tharapayami

5.Sarva deva ganapathnis tharpayami

**13, Do rishi tharpanam by wearing yagnopaveetha as garland and pouring
out water from the liitle finger**

1,Krishna dwaipayanaya ye rishaya than rishin tharpayami

2. Sarvan risheen tharpayami

3.Sarva rishi ganan tharpayami

4. Sarve rishi pathnis tharpayami

5,Sarva rishi gana pathnistharpayami

6. Prajapathim kanda rishim tharpayami

7. Somam kanda rishim tharpayami

8. Agnim kanda rishim tharpayami

Put the Yagnopaveetham in normal fashion and pour water from the tips of fingers

9. Viswan devan kanda rishin tharpayami

10. Samihithir devatha upanishada tharpayami

11. Yagnigir devatha upanishada tharpayami

12. Varuneer devatha upanishada tharpayami

Put the Yagnopaveetham and pour water by towards the left

13. Havyavaham tharpayami

14. Viswan devan kanda rishin tharpayami

Pour water by the bottom of the palm towards self

15. Brahmanam swayambhuvam tharpayami

16. Viswan devan kandarishin tharpayami

17. Arunan kandarishin tharpayami

Put the Yagnopaveetham in normal fashion and pour water from the tips of fingers

18. Sadasaspathim tharpayami

19. Rig vedam tharpayami

20. Yajur Vedam tharpayami

21. Sama Vedam tharpayami

22. Atharvana Vedam tharpayami

23. Ithihasa puranam tharpayami

24. Kalpam tharpayami

14. Only those who have lost their father (others go to step 15) do Pithru tharpanam wearing the yagnopaveetham on the right shoulder pouring water between the thumb. And index finger.

1. Soma pithruman yamo angiraswan agni kavyavahana ithyadaya ye pithara

than pithrun tharpayami,

2. Sarvan pithrun tharpayami

3. Sarva pithru ganam tharpayami

4. Sarva pithru pathnistharpayami

5. Sarva pithru ganapanthnistharpayami

6.oorjam vahanthi amrutham grutham payaha keelaalam parisruyatham swadastha tharpayatha me pithrun trupya thatrupya thatrupyatha

7.Aabrahma sthambha paryantham jagat trupyathu

15.Put the yagnopaveetha in the normal fashion

Pour water saying Om That sat Brahmarpanamasthu

3.Maha Samkalpam

(after Madhyanhikam and Brahma yagnam*)

a.Aachamanam

b.Shuklam baradharam.....

c.Om bhoohu

d.Maha samkalpam

Apavithra pavithro va sarvavastham gathopi va , ya smareth pundari kaksham, sabahya abhyanthara suchihi , manasam vachikam papam , karmana Samuparjitham, sri Rama smaranenaiva vyopahathi na samsaya .Sree rama Rama rama Tidhir Vishnu, Tatha vara, nakshatram Vishnu reva cha Yogascha karanam chaiva sarvam Vishnu mayam Jagat , Sri Govinda , Govinda Govinda Aadya sri bhagawatha, Aadi vishno, Aadinarayanasya achinthyaya , aparimithaya, sakthya, briyamanasya, maha jaloughasya madhye, paribrhamatham aneka koti brhmandanam madhye, eka thame, prithya aptejo vayvakasaa ahankaradhi -mahada vyakthai-avaranaair- avruthe- asmin mahathi bramanda-karandaka-madhye adhara sakthi –koorma nandathi ashta diggajopari prathishtithasya , athala-vithala-suthala-rasathala-thalathala -mahathala-pathalakyai loka saptakasya upari thale, punya krutham nivasabhuthe bhoor –bhuvan-suvar-mahar-janarr-thapa-satyakhyai loka shatkasya adho bhage maha nalayamana phani raja seshasya sahasra phana mani mandala mandithe, dighdanthi-shunda dhanda-uttambhithe, panchasath koti yojana vistheerne, lokaloka –achalena valayithe lavaneshu-sura-sarpi-dhadhi-ksheera-udakarnavischa parivruthe, jambhu-plaksha-saka-salmali-kusa-krouncha-pushkarakhya saptha dweepanam madhye, Jamboo dweepe,

**Bharatha varshe, bharatha kande, prajapathi kshetre dandakaranya-
chamapakaranya-vindharyanya-veeksharanya-vedaranayadhi, aneka
punya aranyanam Madhya pradeshe, karma bhoomou, rama –sethu-
kedharayo madya pradaeshe , Bhageerathi-Gouthami-Krishna veni-
Yamuna-Narmada-Thungabadhra-Triveni-Malapaharini-kaveri- ithyadi ,
aneka punya nadhi virajithe, Indraprastha-Yamaprastha-Aavanthikapuri-
Hasthinapuri-Ayodhya puri-Maya puri-Kasi puri-Kanchi puri-Dwaraka adi
aneka, punya puri virajithe Sakala jagat srushta, parardha dwaya jeevana,
bramanaha, dweethiya parardhe, Panchas athabdhou, prathame varshe,
prathame mase, prathame pakshe, prathame divase, ahani, dweethiye
yame, trithiye muhurthe, swayambhuva-swarochisha-uthama-thamasa-
raivatha-chakshu shakheshu, shatsu manushu atheetheshu, saphthame
vaivaswatha manvanthare, ashta vimsathi thame, kali yuge, prathame
padhe, Jamboo dweepe, Bharatha varshe , Bharatha kande, Meroh
dakshine parswe. Asmin varthamane , vyavaharike prabhavadheenam
sashtya samvatsaranam madhye , xxxxx nama samvatsare,
Dakshinayane, Varsha rithou, Simha mase, shukla pakshe, adhya
pournamasyam* shubha thidou, xxxxxxxx vasara yukthayam, xxxxxxxx
nakshatra yukthayam, shubhayoga, shubha karana evam guna, viseshana
visishtayam, asyam pournamasyam* shubha thidou,
anadhya vidhya vasanaya pravarthamane asmin mahathi samsara chakre
vichitrabhi karma gathibhi vichitrasu yonishu puna puna anekadha
janithwa kenapi punya karma viseshena idhanimthana manushye
dwijanma visesham prapthavatho mama jjanmabhyasad, janama prabruthi
ethath kshana paryantham , balye, vayasi kaumare yowane vardhake
cha, jagrath swapna, sushupthy avasthamsu mano vak kaya karmendriya
jnanendriya vyaparai kama-krodha-lobha-moha-madha-mathsaryadhi
sambhavithanam, iha janmani janmanthara cha jnana ajnana kruthanam
maha pathakanam maha patathakanumanthratwadeenam ,
samapathakanam upapathakanam malini karananam nindhitha dhana
dhano upa jeevanadeenam apathrikarananam jathi bramsa karanam
vihitha karma thyagadeenam jnanadhaha sakruth kruthanam ajnanathaha
asakruth kruthanam sarveesham papanam sadhya apanodhanartham
aswatha narayana sannidhou-deva brahmana sannidhou-trya trimsath koti**

devatha sannidhou-sri visalakshi sametha visweswara swami sannidhou-
maha ganapathi sannidhou-seetha lakshmana bharatha sathrugna-hanumt
samedha sri rama chandra swmai sannidhou-sri rukmani sathyabhama
samedha sri gopala Krishna swami sannidhou-hari hara puthra swami
sannidhou-sri lakshmi narayana swami sannidhou, sravanyam
pournamasyam adhyopakrama karma karishye.Thadangam sravanee
pournamasi punyakale sareera shudhyartam shuddhodhaka snanam aham
karishye

Athi krura maha kaya, kalpanthahanopama,
Bairavaya namasthubhyam anujnam dathu marhasi

4. Yagnopa veetha dharana manthra

(Manthra for wearing Poonal)

a.Aachamanam:Shuklam Bharadharam..... Santhaye

b.Om Bhoo.....Bhoorbhavaswarom

c.Mamo patha samastha duritha kshya dwara sri pameshwara
preethyartham

Stroutha smartha vihitha sadachara nithya karmanushtana योग्यथा
sidhyartham brhma teja abhivrudyartham yagnopaveetha dharanam
karishye.

d.Yagnopaveetha dharana maha manthrasya

Parabrhma rishi(Touch forehead)

Trushtup chanda (touch below nose)

Paramathma devatha (touch heart)

e.Yagnopaveetha dharane viniyogaha

Wear Poonal one by one by reciting(poonal should be held by both hands,
the tie in the poonal being held above by the right hand facing upwards)

**Yagnopaveetham paramam pavithram praja pathe,
Yat sahajam purasthad aayushyam
Agriyam prathi muncha shubram yagnopaveetham balamasthu thejaha.**

f.After wearing all poonals one by one do Aachamanam

g.Remove the old poonals and break them to pieces by reciting

**Upaveetham bhinna thanthum jeernam kasmala dooshitham, visrujami
jale punarbrahman varcho deergayurasthu me.**

Achaamanam

5.Kanda Rishi Tharpanam

1,Aachamanam

2,Shklam baradharam

3.Om bhoo hu

**4.Mamo patha samastha durida kshya dwara sri parameshwata
preethyartham sravanyam pournamasyam adhyoyapakrama karmangam
kanda rishi tharpanam karishye.**

**Wear poonal as garland and do tharpanam using water mixed with thilam
(black gingely) and akshatha**

Each manthra has to be chanted thrice and tharpanam done.

1.Prajapathim kanda rishim tharpayami

2,Somam kanda rishim tharpayami

3.Agnim kanda rishim tharpayami

4.Viswan devan kanda rishim tharpayami

5.Sanhikeer devatha upanishadha tharpayami

6.Yagnikeer devatha upanishadha tharpayami

7.Varuneer devatha upanishadha tharpayami

8.Brhamanagum swayubhuvam tharpayami

9.Sadasaspathim tharpayami

wear poonal in the normal fashion and then do achamana.

6.Kandarishi Homam

Only vadhyars are allowed to do this.

7. Vedarambham

Vadhyar should say this, then you should repeat it.

8. Gayathri japam

For Yajur, Rig and Sama Vedis

1.Aachamanam

2,Shuklam baradharam

3.Om bhoo hu

**4.Mamo patha samastha duritha kshya dwara sri parameshwara
preethyartham Tadeva lagnam sudhinam tadaiva, thara balam chandra
balam thadaiva , vidhya balam daiva balam tadaiva, Sri Lakshmi pathe
angriyugam smarami**

**Apavithra pavithro va sarvavastham gathopi vaa , ya smareth pundari
kaksham, sabahyabhyanthara suchihi , manasam vachikam papam ,
karmana**

**Samuparjitham, sri Rama smaranenaiva vyopahathi na samsaya Shubhe
Shobane muhurthe adya Brahmanaha dwiteeya paradhe , Swetha varaha
kalpe, Vaivaswatha Manvanthare, Ashtavimsathi thame , Kali yuge,
Prathame pade, Jambhu Dwipe, Bharatha Varshe,Bhartaha Kande, Meroh**

**Dakshine Parswe, Sakabdhe, Asmin Varthamane Vyavaharike,
Prabhavadhi Sashti Samavath^{saranam} Madhye, xxxxx nnama
Samvathsare , Dakshinayane, Varsha Rithou, Simha mase Krishna pakshe
adhya prathamayam* shubha thidou xxxxx vasara yukthayam xxxxx
nakshatra yukthayam shubha yoga shubha karana evam guna viseshana
visisishtayam asyam prathamayam shubha thidou, mithya theetha
prayaschittartham, dhoshavathu avathaneeya prayaschithartham,
ashtothara sahasra samkya gayatri maha manthra japam karishye.
Start from Pravasya Rishi brahma.... followed by ayathithya anuvagasya...
and then chant the gaythri manthra 1008 times.
Complete with Abhivadaye and then complete with
Kayena vacha.....**